

Additional Workshop Topics Available:

- Abstract art
- Painting inspired from
a picture
- Identity & self-
discovery
- Finger painting
- Intuitive painting
- Intro to therapeutic art
and drawing

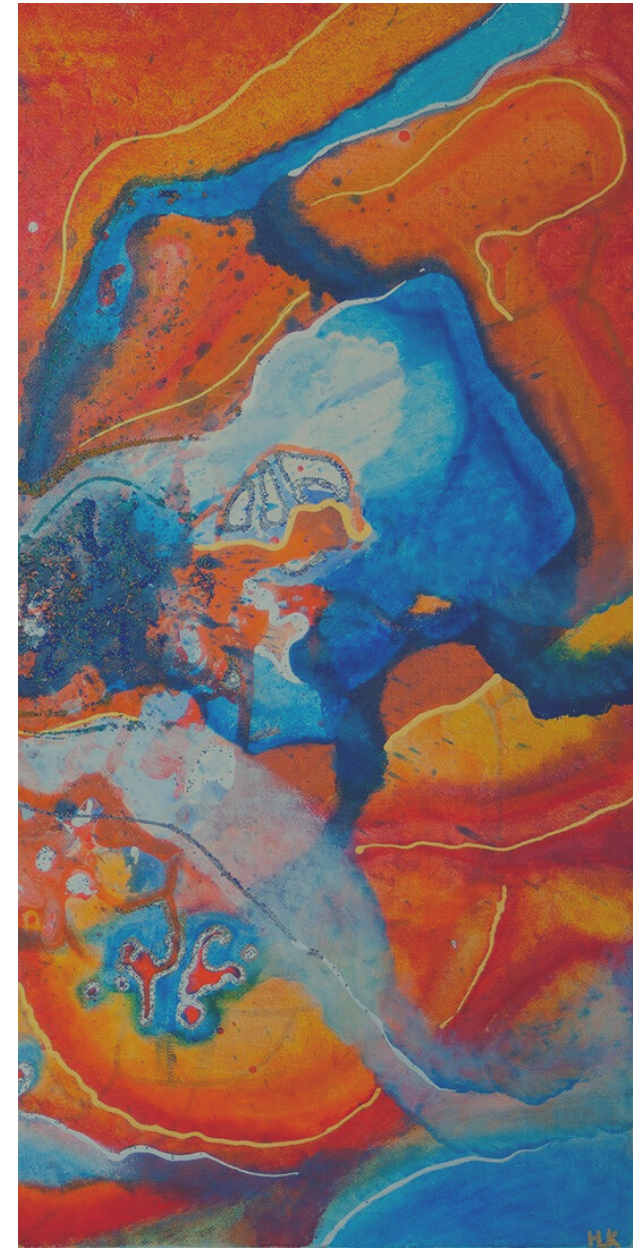
custom sessions also available

CONTACT

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ARTISTIC LISTENING

Life Art workshops by Hayley Lauren

ABOUT ARTISTIC LISTENING

Artistic listening is a process where we get creative with goal setting by drawing, writing, doodling as we chat about life. Sessions can be tailored to your needs, inspired by a positive outcome we are reaching towards together- whether that be career or personal goal setting. You will receive a personalised artwork after your 3 sessions to keep your goal in mind.

encouraging and empowering you is the priority in creating this unique artwork.



HOW DOES IT WORK?

Artistic listening & Workshop options:

- Artistic Listening option includes 3 sessions of coaching and goal setting and an acquired artwork. Prices start from \$420 depending on the size of artwork requested. This cost includes a canvas 76 x 76 cm (or similar shape).
- Workshops for small groups or one on one. Tailored to your needs, you can opt for basic skill based sessions or therapeutic sessions (see back page for suggestions). One on one workshop costs start at \$200 for a one hour workshop. Group price is calculated based on number of participants, materials required and length of time.

WHAT'S NEXT?

Book a free 1/2 hour consultation prior to the first session. this can be done over the phone or video call. Further sessions are held within local area (Sutherland shire) or city location. Here we can discuss more about what I do, what your expectations are so I can facilitate a great session.

ABOUT HAYLEY

Hayley is the founder of Life Art by Hayley Lauren and has been a practising artist for 10 years. Hayley's work features bold, bright, abstract colours and textural materials. Hayley specialises in using art as a point of connection and has a keen interest in the therapeutic benefits of creativity

